At Bright Start Connect, we support families with children aged 0-8 by providing free resources and services to parents, caregivers, and professionals, ensuring every child has a bright start in life.

## Our Goals

#### Access

We ensure those caring for children have quick, easy access to essential tools and information.

#### Resources

We provide caregivers and providers with information they need to help kids grow up happy and healthy.

### Education

We provide ongoing education and training to empower caregivers and professionals.

### Partnerships

We work with other organizations to connect families with essential resources and support.



## Connect with us





#### brightstartconnect.org



info@brightstartconnect.org



**Building Brighter Futures Together** 



# Your Partner in Early Childhood Success

Supporting Families and Professionals in Upstate New York



Funding provided by SAMHSA

# Supports for Professionals

We're here to empower those dedicated to nurturing young families. Supporting doctors, social workers, daycare providers, teachers, and other professionals who support families, we offer:

- Latest research and best practices
- Effective resources and tools
- Support for Screening
- Professional development workshops and training
- Case consultations

# Supports for Families



At Bright Start Connect, we believe that every caregiver deserves top-quality tools, resources, and support to nurture their child's growth and development. Whether you're a parent, guardian, or relative, our supports are designed to help you feel confident, empowered, grounded, and hopeful in your ability to provide a positive and nurturing environment for your children aged 0-8.



## Expert Articles & Guides

Discover our articles, guides and resources written by experts on a range of topics, including, positive parenting, behavior, nutrition, sleep, developmental milestones and play. Our materials will help you set up realistic expectations and provide ideas on how to build positive connection.

#### Workshops, Webinars & Events

Ready to go deeper? Join our live, virtual, or on-demand events. Gain practical strategies while connecting with fellow caregivers to boost your confidence.

#### Coaching Sessions

When you need personalized support, sign up for our free individual coaching sessions. Get the tools and advice you need to help your child grow and thrive from child development experts.

brightstartconnect.org